

## DID YOU KNOW?

A recent study showed that only 18% of women presenting for assistance in achieving pregnancy had knowledge of their signs and symptoms of the window of fertility.

## OPPORTUNITY

We will help to maximise your capacity to assist women in monitoring the unique phases of their cycle using an empirical method.

This seminar will help you optimise your patient's chance of pregnancy before intervention.

**Participants:** Doctors and all Women's Health Professionals

**Presented by:** The Ovulation Method Research and Reference Centre of Australia Ltd

**Date:** Saturday 18 May 2024

**Time:** 8.45am – 5.00pm

**Venue:** Treacy Centre, Parkville  
126 The Avenue, Parkville  
Melbourne VIC

**Cost:** \$195  
Includes full seminar kit with booklets, pamphlets and reference material.  
Full lunch and refreshments.

## REGISTER EARLY

Predisposing and Reinforcing Activities are required for completion of RP and EA Hours

*"This is knowledge of her body that every woman ought to have."*

DR EVELYN BILLINGS AM  
DCSG, MBBS (MELB), DCH (LOND)

## REGISTER TODAY!

Call: **1800 335 860** for further information

Post your completed registration form with payment to:

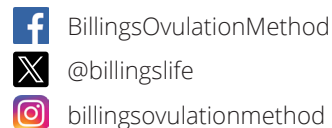
2A/303 Burwood Highway  
East Burwood, VIC 3151

Or email payment with completed registration form to:  
**jennykelly@thebillingsovulationmethod.org**



**Billings LIFE**  
2A/303 Burwood Hwy, East Burwood, VIC 3151  
Free call 1800 335 860  
www.billings.life  
enquiries@thebillingsovulationmethod.org

### #billingsovulationmethod



Billings LIFE is a fully registered health promotion charity and all donations over \$2 are tax deductible.

The Ovulation Method Research and Reference Centre of Australia Ltd ABN 57 067 377 959 (inc in Vic).

# MENARCHE TO MENOPAUSE: HEALTH ADVANTAGES OF MONITORING FERTILITY™



### RACGP CPD Activity for Women's Health

RACGP CPD Approved Activity		
Educational Activities	Measuring Outcomes	Reviewing Performance
4.0 hours	00 hours	4.5 hours



## PRESENTERS

### Dr Mary Walsh

Dr Walsh is a G.P. with a special interest in Women's Health which led to her opening a Fertility Assessment Clinic as part of her practice at Manningham General Practice. Following her involvement in "A study on fertility, infertility awareness in general practice: a survey of knowledge and attitude", she has been interested in raising awareness of fertility symptoms through QI&CPD programs.

### Gillian Barker

Gillian Barker is a Senior Teacher and Trainer of the Billings Ovulation Method®, who is involved in the training of doctors, health professionals and teachers of the Method in Australia as well as overseas. She made a very substantial contribution to the scientific verification of the Billings Ovulation Method® as a collaborator with the late Professor James B Brown in the development of the Ovarian Monitor.

### Inaam Abiad

Inaam Abiad is a Senior Teacher of the Billings Ovulation Method®, who has extensive experience in teaching couples to monitor their fertility at Manningham General Practice working with Dr Mary Walsh at the Fertility Assessment Clinic.

### Jenny Kelly

Jenny Kelly is a Senior Teacher of the Billings Ovulation Method®. As well as teaching couples to monitor their fertility, she is the Co-ordinator of Australian teacher trainees.

*The paper by the late Emeritus Professor James B Brown on his study of the ovarian variants of the Continuum of Ovarian Activity is available through Human Reproduction Update at Oxford Journals (<http://goo.gl/FJw6b>)*

## PROGRAM

**Date:** Saturday, 18 May 2024

**Venue:** Treacy Conference Centre  
126 The Avenue, Parkville, Melbourne VIC

8.45am Registrations – Tea/Coffee

9.00am Introduction/Learning Outcomes

9.15am **The phases of the Ovarian Cycle**  
Hormonal correlations and Cervical Responses throughout the ovarian cycle – The work of Professor Emeritus James B Brown.

10.15am **"The Incredible Cervix" – Its response to changing hormone levels.**  
The work of Professor Erik Odeblad, M.D. (Gynae), PhD. Sweden.

11.15am **Understanding the Billings Ovulation Method®.**  
Correlating the signs and symptoms of fertility with hormone changes. This is an interactive session in which the woman's vulval symptoms are recorded and correlated with the hormonal, cervical and vaginal responses.

12.20pm Lunch provided.

1.15pm **Charting the continuum from Menarche to Menopause**  
Delayed Ovulation – interactive case study workshops

3.45pm **Charting the signs of Fertility – a diagnostic tool**  
Panel discussion working together with GP and the Billings Ovulation Method® Teacher and Smart Technology

4.30pm Post-Session Evaluation & Evaluation Activity

5.00pm Finish

## REGISTRATION

**18th May 2024 – Parkville Victoria**

Title: \_\_\_\_\_ Surname: \_\_\_\_\_

First Name: \_\_\_\_\_

Address: \_\_\_\_\_

Suburb: \_\_\_\_\_ Postcode: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

### Please tick

GP  Obstetric Grant

QI&CPD No: \_\_\_\_\_

ACRRM No: \_\_\_\_\_

ACM No: \_\_\_\_\_

Ob/Gyn  Midwife

Registered Nurse  Naturopath

Other: \_\_\_\_\_

Special Dietary Requirements:

\_\_\_\_\_  
\_\_\_\_\_

### Payment Options

If you wish to pay via EFT please phone 1800 335 860

If you wish to pay by Pay Pal, payee:  
manager@thebillingsovulationmethod.org

Please debit my credit card  \$195

Visa / Mastercard (Only)

Expiry Date: \_\_ \_\_ / \_\_ \_\_

Cardholder's Name: \_\_\_\_\_